

RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

MEETING MINUTES FOR JULY 11, 2018 | 12:00 pm to 2:00 pm

CALL TO ORDER, PLEDGE OF ALLEGIANCE, AND INTRODUCTIONS – Chairperson, Rick Gentillalli called the meeting to order at 12:00 pm, lead the Pledge of Allegiance, and commenced introductions.

CHAIRPERSON'S REMARKS – Mr. Gentillalli announced that August is a dark month, therefore there will not be a Commission meeting scheduled for August. The next Commission meeting will be held on Wednesday, September 5 at 12:00 pm.

COMMISSION MEMBERS REMARKS – Brenda Scott announced the 13th Annual NAMI Walk will be held on October 27 at Diamond Valley Lake in Hemet.

PUBLIC REMARKS – Ms. Scott reported that the Pride event held at the Hemet Historic Theatre on June 14 was a big success. This was a historical event for the city of Hemet as it was the first ever Pride event held in the community. Various members of the LGBTQ community attended the event with their family and friends. Staff estimated that there were over 150 people in attendance from all age groups, race, and ethnicity. Paul Baum reported that it was a truly remarkable event as it supported the LGBTQ community in Hemet and allowed them to be their authentic-selves, socialize, and even make some lifelong friends.

Andrea Crook, Director of Advocacy for ACCESS California (Advancing Client and Community Empowerment through Sustainable Solutions), announced that they are hosting two Southern Region Leadership and Empowerment Trainings in Los Angeles. The first is scheduled on July 25 at the Spirit Family Services and the second will be held on July 27 at Los Angeles Department of Mental Health. They are also hosting their first annual conference on August 24 in Sacramento and all are invited to attend.

Kristen Duffy and Richard Bolter announced that the 2018 Recovery Happens Event will be held on Friday, September 14 at Fairmount Park from 11:00 am – 4:30 pm. For those interested in participating or having a resource booth, please contact Ms. Duffy or Mr. Bolter for more information.

Michelle Martinez from Consumer Affairs Program announced they are hosting a new summit for Veterans Affairs (VA) Loma Linda. The event is called “VA Mental Health Awareness Summit” and will be held at California Baptist University on Thursday, August 9 from 8:00 am to 3:00 pm.

MINUTES OF THE PREVIOUS MEETING – Minutes were accepted as written with changes made by Greg Damewood.

CELEBRATE RECOVERY – Heidi Green, Senior Family Advocate for the Family Rooms in Lake Elsinore and Perris introduced this month's Celebrate Recovery speaker, Nola Duft. Ms. Duft's son and daughter both struggle with mental illness and were initially being treated in a private facility. Five years earlier, Ms. Duft's son exhibited extreme symptoms of mental illness. His psychiatrist informed Ms. Duft that she'll need to find alternate living arrangements for her son as his symptoms were quite severe and will require specialized attention. Ms. Duft was referred to the Perris Clinic, where she found the support she needed for herself, her son, and her daughter. Other than seeing a psychiatrist, the Clinic provided assistance with her daughter's medication, home visits for her son, and Peer supports. The Clinic also offered several classes that gave her a better understanding of her children's diagnoses, how to care for her children, and the importance of caring for herself.

Ms. Duft expressed her gratitude for all the staff in the Lake Elsinore and Perris Family Rooms. With the help of the staff, she was able to gain the strength and support she needed to take care of her children. Ms. Duft recommends increasing the number of staff in the clinics/programs and hopes to educate people within the community to support the funding for these programs.

NEW BUSINESS

1. BEHAVIORAL HEALTH COMMISSION ELECTION OF OFFICERS FY 18/19: Votes were cast by Commissioners and submitted to the Liaison for counting.
2. SUICIDE PREVENTION: Diana Brown, Prevention and Early Intervention Manager, presented on the Department's Suicide Prevention efforts. The Centers for Disease Control (CDC) released a report in June 2018 showing several findings related to suicide. According to the CDC report, between 1999-2006 suicide rates rose in all but one state in the United States. These increases occurred across all categories – age, gender, race, and ethnicity. In 2016 there were nearly 45,000 suicides in the United States, which is twice the number of homicides, making it the 10th leading cause of death. Among the ages 15-34, suicide is the second leading cause of death. In 27 states, more than half of deaths had no known mental health condition when they ended their lives. Traditionally, suicide is related to mental illness, however, the CDC report shows there are actually several factors that contribute to someone committing suicide.

Other than mental illness, some of the other factors that can contribute to suicide are strained relationships; the stigma regarding help-seeking for mental illness; addiction; life stressors involving work and finances; recent or impending crisis; and/or physical health conditions. Ms. Brown reviewed the “Social Ecological Model,” which encompasses multiple levels of focus regarding the risk factors related to suicide. These levels include: Individual; Relationships; Genetic/Biological; Community; and Societal. She also discussed the signs of suicide and explored the various protective safeguards we can do to help someone who may be exhibiting these signs.

The Department invests a great deal in addressing the issue on a community and societal level with the goal and hope of reaching the individual that may be at risk. The Department provides several classes and trainings that help educate the community regarding mental health and suicide prevention, such as SafeTalk, ASIST (Applied Suicide Intervention Skills Training), and Mental Health First Aid. The Department hosts several outreach events that promote awareness; bring the community together; engage the public in discussions regarding mental health; and provide resources to all programs and services available. There are also culturally tailored outreach and engagement services for Hispanic, African-American, Asian, and LGBTQ communities. Faith-based communities are also engaged by participating in trainings and classes so they can help individuals in their congregation find resources and link them to services. The Teen Suicide Awareness and Prevention Program visits high schools and middle schools to teach students about mental health and how to begin suicide prevention campaigns in their campus. The Inland Empire Maternal Mental Health Collaborative interacts with women who may be at risk or are experiencing post-partum depression. The Department participates in a few stigma reduction campaigns such as Up2Riverside, Contact for Change, and Each Mind Matters.

The Department also provides and participates in “post-vention” efforts, which occurs after a suicide or a major crisis. The Department responds by organizing debriefings teams after a major crisis and staff are made available for those who may be experiencing shock and trauma. They also utilize every major social media platform to spread awareness and safe messaging.

Like most public health problems, suicide is preventable. It is important to understand that suicide is

not caused by a single factor and studies have shown that the reduction of suicide will not be prevented by a single strategy or approach. The best form of treatment is not only done in private, but also in public by educating the community, reducing stigma, improving and strengthening access to programs and services, and doing outreach to all the communities within Riverside County.

OLD BUSINESS

1. MHSA UPDATE: David Schoelen reported that the MHSA Annual Plan Update FY 18/19 was approved by the Board of Supervisors and has been submitted to the Department of Healthcare Services and the Mental Health Oversight and Accountability Commission.
2. SAPT UPDATE: Rhyan Miller reported that their contracts for recovery residences, also known as sober living, has been awarded. For the Western Region, Peace of Mind has been awarded a contract. They have two locations in downtown Riverside: 1) Men's House on 2nd Street and 2) Women's House on 4th Street. In the Mid-County Region, The Bridge was awarded a contract and they are located in the city of Perris. In the Desert Region, contracts were awarded to ABC, Soroptomist House of Hope, and The Ranch Recovery Center. ABC is located in Indio, The Ranch Recovery Center is located in Desert Hot Springs, and Soroptomist House of Hope is located in Banning. Mr. Miller added that this is a new service offered by the Department, which is afforded to us through the Drug Medi-Cal Organized Delivery System Waiver. Mr. Miller believes it will help with retention and some of our high-risk consumer population.

The Latino Commission has opened two adolescent homes in Indio. The home for boys is called Michael's House, which is named after one of their longtime counselors. The home for girls is called Bea's House, which is named after our own Commissioner, Beatriz Gonzalez. Staff are currently in both locations performing a walk-thru and meeting with case managers.

DIRECTOR'S REPORT – None

COMMITTEE UPDATES:

DESERT REGIONAL BOARD: None

MID-COUNTY REGIONAL BOARD: Brenda Scott reported that Chairperson Kim McElroy is continuing her work with the bylaws and hope to submit a draft for review.

WESTERN REGIONAL BOARD: Greg Damewood reported that he has completed two site reviews and Ric Riccardi has completed four.

ADULT SYSTEM OF CARE: None

CHILDREN'S COMMITTEE: Tori St. Johns reported that they discussed food insecurities and undocumented children.

CRIMINAL JUSTICE COMMITTEE: Greg Damewood reported that their next meeting will be held in September.

HOUSING COMMITTEE: Brenda Scott reported that they are drafting their Mission Statement and Goals. One of their goals for the next fiscal year is to host an outreach event where they can help inform the community and provide resources regarding housing opportunities.

LEGISLATIVE COMMITTEE: Dr. Walter Haessler reported that four members of ACCESS California attended their meeting and had a discussion surrounding legislation and ideas on how to network with local and state legislators.

OLDER ADULT SYSTEM OF CARE COMMITTEE: George Middle reported that the Committee received a presentation on the various services and programs offered by the Older Adult System of Care.

QUALITY IMPROVEMENT COMMITTEE: Daryl Terrell reported that the Department is currently working on establishing one central phone number for the public and finalizing the referral form to standardize the screening process.

VETERANS COMMITTEE: Rick Gentillalli reported that they discussed the opioid crisis and how the veteran community is also impacted by the issue.

ELECTION RESULTS: For FY 18/19, the BHC Officers will be: Brenda Scott – Secretary; April Jones – Vice Chair; and Rick Gentillalli – Chair.

EXECUTIVE COMMITTEE RECOMMENDATIONS: George Middle requested to have a similar presentation from OASOC and have a presentation on the programs and services offered for older adults. Daryl Terrell requested to have an update on the START program. Rick Gentillalli requested to have a presentation on the Department’s efforts regarding the opioid crisis.

ADJOURN: The Behavioral Health Commission meeting adjourned at 2:03 pm.

Maria Roman

Brenda Scott, BHC Secretary

Maria Roman, Recording Secretary

FY 2017/18 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

MEMBERS	JUL	SEP	OCT	NOV	JAN	FEB	MAR	APR	MAY	JUN
April Jones, District 3	✓									
Beatriz Gonzalez, District 47	✓									
Brenda Scott, District 3	✓									
Carole Schaudt, District 4	✓									
Daryl Terrell, District 5	✓									
Dildar Ahmad, District 1	✓									
George Middle, District 2 (Redist. 5)	✓									
Greg Damewood, District 5	✓									
Ashley Fuller, BOS Representative	✓									
Ric Riccardi, District 5	✓									
Richard Divine, District 2 (Redist. 4)	✓									
Rick Gentillalli, District 3	✓									
Victoria St. Johns, District 4	✓									
Walter Haessler, District 1	✓									

Present = ✓ | Absent = A | Medical Leave = ML

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.

OTHERS PRESENT		
Amelia Saldana, RUHS-BH	Andrea Crook, Guest	Anindita Ganguly, Guest
Ashley Hanson, RUHS-BH	Bill Brenneman, RUHS-BH	Brian Betz, RUHS-BH
Burt Wayne, RUHS-BH	Cheryl Simmons, RUHS-BH	Claire Gonzalez, Guest
David Schoelen, RUHS-BH	Dawn Gordon, Guest	Deborah Johnson, RUHS-BH
Diana Brown, RUHS-BH	Gloria Gonzalez, Guest	Greg Burks, Guest
Greg Rodriguez, BOS Rep, District 4	Heidi Fisher, RUHS-BH	Heidi Green, RUHS-BH
Henry Villeda, RUHS-BH	Hollyjo Reynolds, Guest	Jim Hill, RUHS-BH
John Aguirre, Guest	Joshua Korley, RUHS-BH	Joy Torres, Guest
Karen Reynolds, Guest	Kristen Duffy, RUHS-BH	Laurence Gonzaga, IEHP
Lisa Morris, RUHS-BH	Lynne Brockmeier, RUHS-BH	Maria Rodriguez, RUHS-BH
Maria Roman, RUHS-BH	May Farr, Guest	Michelle Martinez, RUHS-BH
Monique Moldinado, Guest	Nat Tollefson, RUHS-BH	Nola Duft, Guest
Paul Baum, RUHS-BH	Pedro Arciniega, RUHS-BH	Renee Osborne, RUHS-BH
Rhyan Miller, RUHS-BH	Richard Bolter, RUHS-BH	Rita Bendlin, Guest
Sarah Cranbury, RUHS-BH	Sarah Rodriguez, BOS Rep, District 3	Sean Fredrickson, RUHS-BH
Soleil Saenz, Guest	Sylvia Aguirre-Aguilar, RUHS-BH	Sylvia Santa Anna Mendoza, RUHS-BH
Teri Ortiz, RUHS-BH	Terry Johnson, Guest	Tiffany Ross, RUHS-BH
Toni Lucas, RUHS-BH	Tony Ortego, RUHS-BH	Umiko Thomas, RUHS-BH
Vickie Mack, Guest	Willard Wynn, RUHS-BH	